

EFFICACY OF BCG FOR NON-MUSCLE INVASIVE BLADDER CANCER FOLLOWING NEPHROURETERECTOMY OF UPPER TRACT UROTHELIAL CARCINOMA



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Background

- The complete response rate to BCG therapy in patients with high-risk non-muscle invasive bladder cancer (NMIBC) is as high as 80%.¹
- BCG is the standard for high risk NMIBC.
- Bladder tumor recurrences after nephroureterectomy for patients with a history of upper tract urothelial carcinoma occurs in 15% to 50% of cases.²
- The genetic profile of upper tract urothelial carcinoma (UTUC) differs from urothelial carcinoma arising from the bladder urothelium.³
- Recent retrospective series have suggested increased rate of bladder cancer recurrence and progression for NMIBC treated with BCG in patients with a history of UTUC.^{2,4}

METHODS

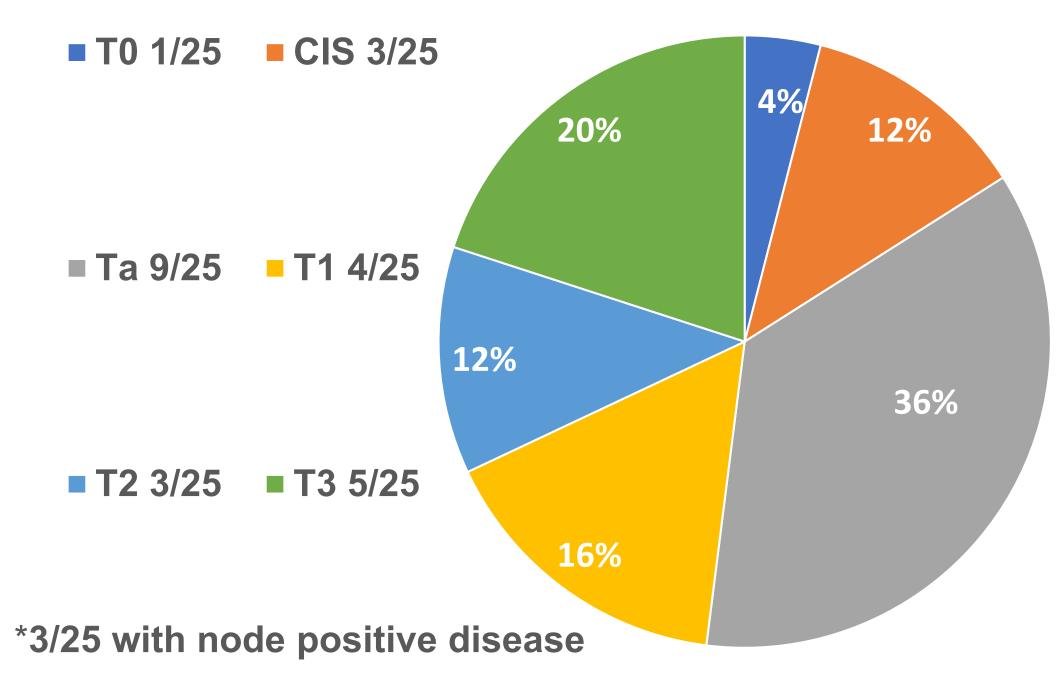
- A single institution retrospective review of patients who underwent nephroureterectomy for upper tract urothelial carcinoma from 2009 to 2021 was performed.
- Patients were included if they developed NMIBC after nephroureterectomy and subsequently received induction BCG with or without maintenance.
- A control cohort was then formed using a pre-existing database of patients with primary NMIBC treated with BCG at our institution from 2009 to 2021. Patients in the control cohort were matched 2:1 by stage of NMIBC.
- Our primary outcome was intravesical recurrence free survival. Secondary outcomes were stage of recurrence, time to recurrence, progression to cystectomy, and progression to metastatic disease.

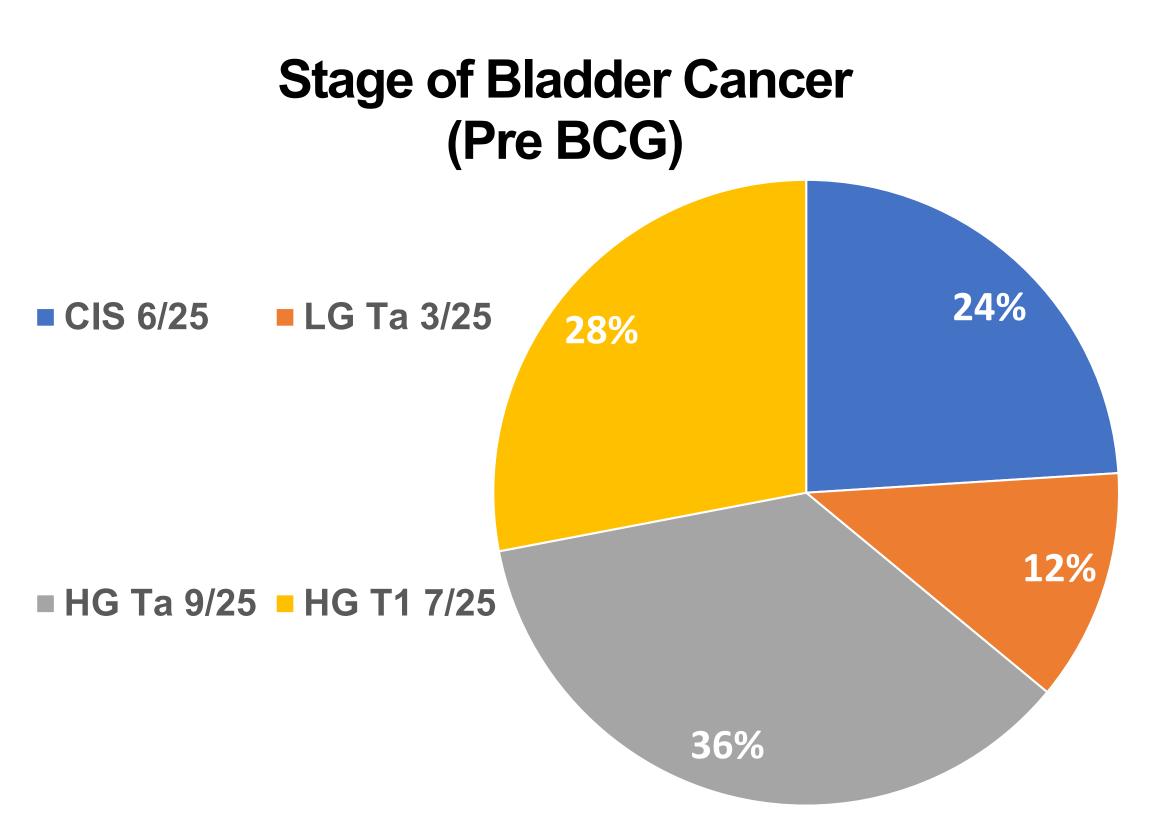
Demographics

	History of UTUC	Primary Bladder (Control)	p- Value
Subjects (N)	25	50	
Age (years)	71	67	0.725
Male (%)	80	78	1.00
Mean Follow-up (Months)	30 (SD 26)	71 (SD 36)	<0.001

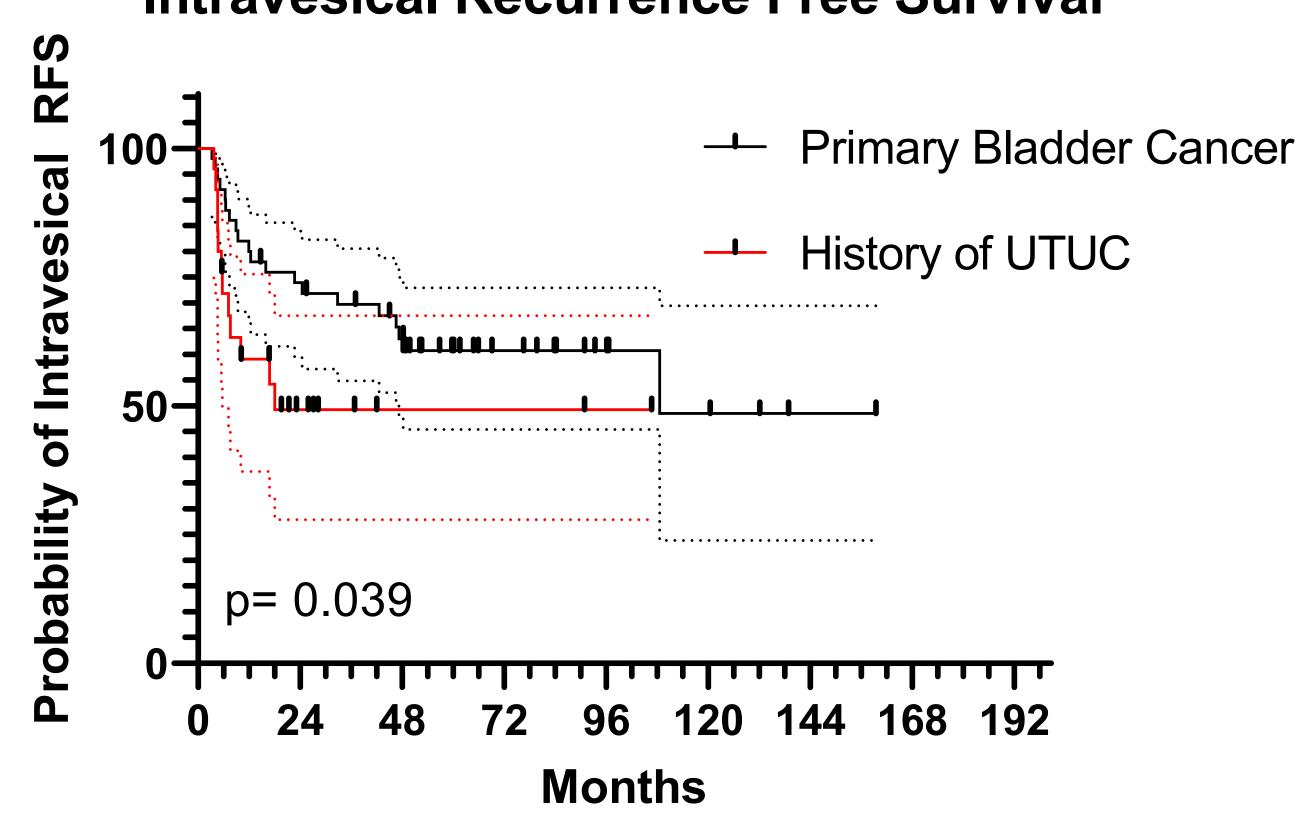
Oncologic Characteristics of Study Group

Upper Tract Pathology*



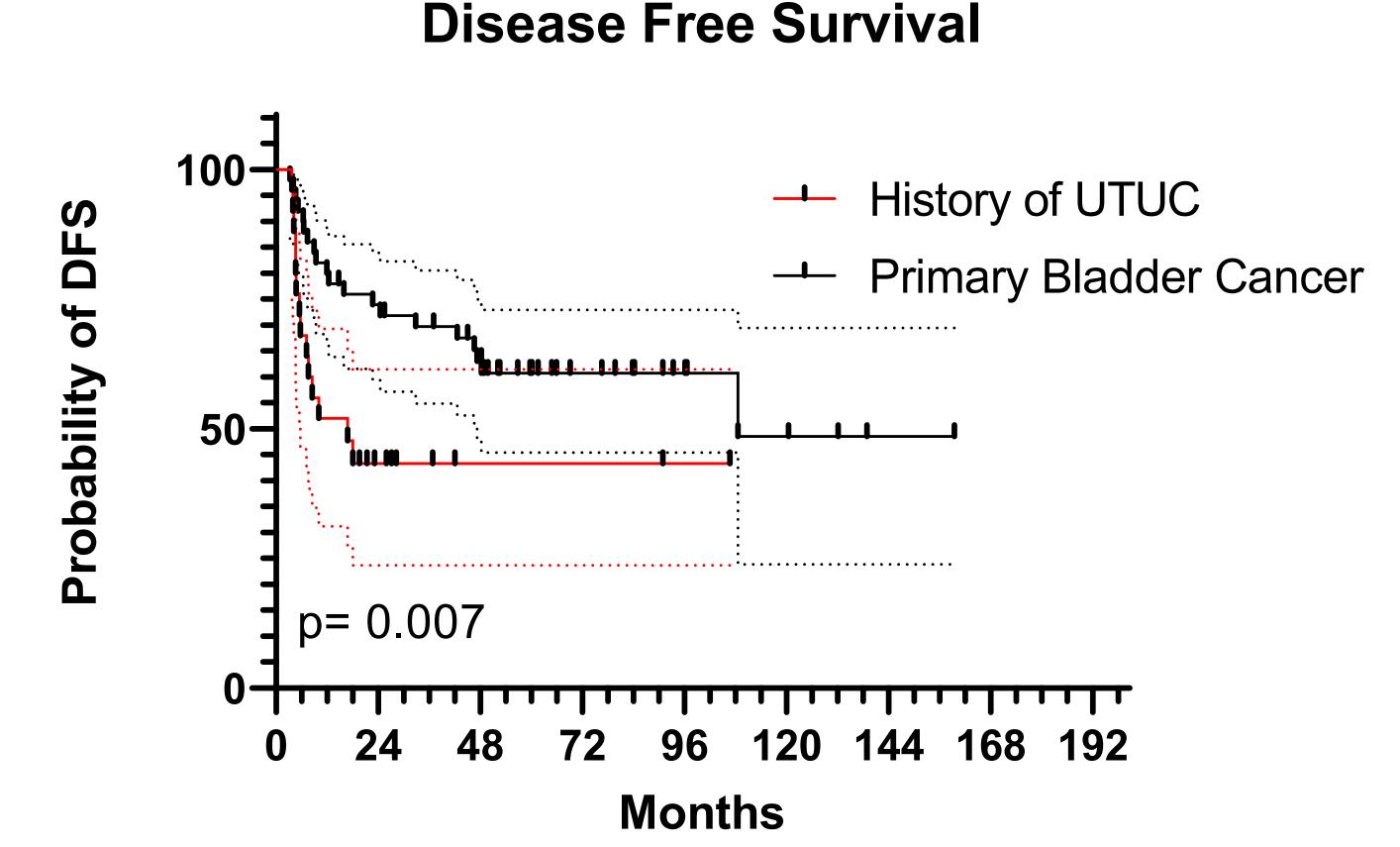


Intravesical Recurrence Free Survival



	History of UTUC	Primary Bladder (Control)	p- Value
Rate of bladder tumor recurrence after BCG	52%	40%	0.338
Mean time to recurrence (Months)	7.0 (SD 4.8)	23.5 (SD 25.6)	0.0195
Rate of progression to Metastatic Disease	24%	2%	0.002
Stage of BTR after BCG	Tis 33% Ta 33% T1 8% T1is 8% T2 17% PUNLMP 0	5% 50% 30% 5% 0 10%	0.0598
Grade at BTR after BCG	LG 17% HG 83%	40% 60%	0.247
Rate of progression to Cystectomy	12%	8%	0.315

RESULTS



Conclusion

- •Intravesical recurrence free survival, time to recurrence, progression to metastatic disease, and disease-free survival are worse in patients with a history of UTUC when compared to those with primary NMIBC after treatment with BCG for intravesical bladder cancer.
- •Our series adds to the limited pool of literature demonstrating poor outcomes in patients with NMIBC after treatment for UTUC.
- •Patients in this population should be counseled accordingly and more aggressive treatments for bladder tumor recurrence should be considered.

References

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